



 **baby's name:** _____ **date:** _____

Keep track of baby's ibuprofen (Motrin) dosage with our easy-to-use chart, and you'll ease your worries and baby's aches and pains. But remember: the **proper dosage is always based on baby's weight**, not age. Print this out for up-to-date info as baby grows.

child's weight /dose	pediacare drops	Advil/Motrin drops	children's liquid	chewable tablets	junior strength
9–10lbs/25mg	½ dropper (0.625ml)	⅓ syringe (0.625ml)			
11–16lbs/50mg	1 dropper (1.25ml)	⅔ syringe (1.25ml)	½tsp (2.5ml)		
17–21lbs/75mg	1½ droppers (1.25ml+0.625ml)	1 syringe (1.875ml)	¾tsp (3.75ml)		
22–26lbs/100mg	2 droppers (2x1.25ml)	1⅓ syringes (1.875ml+0.625ml)	1tsp (5ml)	2 tablets	1 tablet
27–32lbs/125mg	2½ droppers (2x1.25ml+0.625ml)	1⅔ syringes (1.875ml+1.25ml)	1¼tsp (6.25ml)	2½ tablets	1 tablet
33–37lbs/150mg	3 droppers (3x1.25ml)	2 syringes (2x1.875ml)	1½tsp (7.5ml)	3 tablets	1½ tablets
38–42lbs/175mg	3½ droppers (3x1.25ml+0.625ml)	2⅓ syringes (2x1.875+0.625ml)	1¾tsp (8.75ml)	3½ tablets	1½ tablets
43–53lbs/200mg	4 droppers (4x1.25ml)	2⅔ syringes (2x1.875ml+1.25ml)	2tsp (10ml)	4 tablets	2 tablets
54–64lbs/250mg			2½tsp (12.5ml)	5 tablets	2½ tablets
65–75lbs/300mg			3tsp (15ml)	6 tablets	3 tablets
76–86lbs/350mg			3½tsp (17.5ml)	7 tablets	3½ tablets
87–95lbs/400mg			4tsp (20ml)	8 tablets	4 tablets
96lbs+	give adult dose				

tips to remember

- Talk to your pediatrician if baby's younger than 3 months old or taking other medications.
- Use the measuring cup or dropper provided.
- Don't be worried if the medicine doesn't kick in for 30 minutes.

active ingredients

pediacare drops: 50mg/1.25ml
Advil/Motrin drops: 50mg/1.25ml
children's liquid: 100mg/5ml
chewable tablets: 50mg each
junior strength caps or chews: 100mg each